

NEW & NOW

THE INSIDE TRACK TO EVERYTHING PALM BEACH



SPOTLIGHT

THE HEART OF DESIGN

 Diana Mores, a single mother of two young children and a lead server at a local restaurant, was in for a greater surprise than she expected when she opened the door to her new home from the **Habitat for Humanity of Greater Palm Beach County**: not only was her journey to first-time homeownership finally realized, but the fully furnished house had also been decorated by Palm Beach-based **Joseph Pubillones Interiors**.

The West Palm Beach home (also sponsored by Florida Peninsula Insurance Company and the City of West Palm Beach) included special touches designed with the family in mind.

"My daughter's room is her dream come true—she loves her mermaid pink bed and that it lights up," Mores shares. "My son



loves all the details of his room, especially the car frames and his bed. Every time I walk into my room, it brings me peace.

"My family is beyond grateful for everything, especially to Joseph Pubillones Interiors for the interior design of my home. They did an amazing job and went above and beyond." (habitatgreaterpbcc.org, josephpubillones.com) —*Skye Sherman*



ATTEND

Healthy Outlook

Our wellness-focused area was a natural choice for the first **Eudēmonia**, a transformational well-being event resulting from a partnership between Discover The Palm Beaches and the founders of Wanderlust Festival, coming to the Palm Beach County Convention Center November 1-3.

Attendees can expect science-based talks from pioneers in health and longevity (including doctors Andrew Huberman, Mark Hyman, Siddhartha Mukherjee, Sara Gottfried, and David Perlmutter, and “father of biohacking” Dave Asprey) plus workouts by Jillian Michaels, mindfulness practice with Dan Harris, spa treatments, and an expo featuring wellness tech brands.

Eudēmonia will be the first wellness summit to measure attendees’ baseline health at an on-site biometric



DR. SIDDHARTHA MUKHERJEE

COURTESY OF EUDĒMONIA



JILLIAN MICHAELS

COURTESY OF EUDĒMONIA



testing center offering a circuit of health screenings measuring factors like grip strength, cortisol, blood sugar, balance, cognition, and VO2 max.

“The idea is that health data is more accessible than ever, and that can lead to positive behavioral changes that have significant impact on health,” shares Sean Hoess, founder of Eudēmonia. “However, data is useful only if you know how to interpret it, so the event is stepping into that gap.”

Enhanced and premium badge holders will receive a one-year membership to Function Health, which provides advanced screening of more than 100 biomarkers. Function will also report on the aggregated health of the event cohort in real time, as well as educate attendees on how they can use biomarkers and other screenings to actively monitor their own health. (*eudemonia.net*)—S.S.

MIAMI ERA

If you’re one of the few people left on Earth not on board with the Swifties (o ye of little joy), get out of Dodge October 18-20, when Taylor Swift’s record-breaking 152-show **Eras Tour** will pack Hard Rock Stadium in Miami Gardens.

The effects of the most anticipated concert of the year will be felt even in the Palm Beaches, where local establishments are expected to present themed menus and events around the concert, following the precedent set in other host cities. Brightline and iHeartRadio will fete fans on



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sing-along trains from Orlando to Aventura, where shuttles will link concertgoers to the stadium. Trains will feature immersive decor, photo ops, curated food and drink, and surprises along the way by DJs from Orlando’s XL106.7 and Magic 107.7 radio stations.

No Eras Tour tix? No problem—you can still ride the Takeover train. But, dear reader, if you’re one of the blessed attendees (the show sold out moments into the lottery-based presale), consider this writer’s desperate plea for a ticket—an armful of friendship bracelets and eternal thanks could be yours. (*gobrightline.com/events/swift-train-experience*)—S.S.



COURTESY OF BRIGHTLINE



COURTESY OF MALTZ JUPITER THEATRE

SHOW BUSINESS

The Maltz Jupiter Theatre’s multiyear unveiling of its second act is now complete with this month’s debut of the \$5 million, state-of-the-art **Island Theatre**, a black box-style theater located adjacent to the MainStage.

“We tend to produce populist titles on our MainStage, so this second space is meant to diversify programmatic offerings to include productions that we normally would not do,” Andrew Kato, producing artistic director and chief executive, shared in a release. “We look forward to welcoming audiences to experience the magic of live theater in this dynamic and intimate setting.”

The second space’s first production, *Becoming Dr. Ruth*, will run October 6-20, followed by the aerial show *Aire: AntiGravity* (November 14-17) and a full season of programming and educational experiences. Two productions will be arranged in 198-seat telescoping gallery seating, while all other shows will feature combined cabaret-style and gallery seating for an audience of 170. (*jupitertheatre.org/the-island-theatre*)—S.S.



COLIN MILLER



COURTESY OF RELATED COS/THE LAUREL

WE TRIED IT

THE SUITE LIFE

I don't have any friends who live at **The Laurel**, Related's new luxury rental building at CityPlace. But after spending the night in one of the Restoration Hardware (RH) guest suites and living like a resident for a day, I aim to make some—if only for the hope of another invite to stay over. Because, as it turns out, one of the best hotel suites in downtown West Palm Beach is not in a hotel at all.

Among the many amenities at The Laurel—including a golf simulator, a chef's kitchen, hot and cold plunge pools, a coworking space, a Pilates studio, a two-story fitness area with sauna and steam rooms, and a pool overlooking downtown—the three RH-designed guest suites



COLIN MILLER

are made especially for the company you keep. The modern suites have a dining table, full bathroom and mini kitchen, spacious closets, and a washer and dryer for all the comforts of home. The soft cream and gray decor is made even more inviting by plush bedding and floor-to-ceiling windows that let the Florida sunshine in.

Only residents of The Laurel can book the suites for their guests for up to two weeks, at rates competitive with local hotels. At an apartment building designed to feel like a private resort in the city, the guest suite amenity is like having a mini in-house hotel where your friends and family can get a taste of your high life—without having to share your precious space. (relatedrentals.com)—S.S.



COLIN MILLER



COURTESY OF THE CITY OF WEST PALM BEACH

IN SEASON

Market Report

WHAT'S NEW AT TWO BELOVED LOCAL MARKETS RETURNING THIS MONTH

» What's made the award-winning **West Palm Beach GreenMarket** a must-visit over the past three decades—yes, the market celebrates 30 years this season!—is the consistent return of seasonal favorites. This year, marketgoers can look forward to the largest market yet (130 vendors!) as well as the return of the Master Chef Showcase, this time with limited tickets sold to sample what's cooked during the competition. This year's "Seasoned to Perfection" themed market kicks off October 5 and will take place most Saturdays from 9 a.m. to 1 p.m. through the end of April. (wpb.org)

» Entering its fifth season, the **Swank Farmers Market**

will welcome 34 vendors (up from 28 last year) including newcomers like Ciao Ammore, King of Hummus, Master Beef Jerky, and Coco Fine Foods. As usual, the kid-friendly market will take place under an 8,500-square-foot pole barn and feature seasonal local produce, wildflower bouquets, and farm animals. Beginning October 12, the market will take place from 10 a.m. to 1 p.m. on Saturdays through the end of May. (swankspecialtyproduce.com)—S.S.



PAHOTO



PAHOTO




DANIELLE ROLLINS AND TOM D'AGOSTINO JR. (CENTER, RIGHT) TRAVEL EXTENSIVELY ON THE GRACE (LEFT) WITH FRIENDS SUCH AS BRANDON SMITH AND MARY COLEMAN SMITH (CENTER, LEFT) TO DESTINATIONS SUCH AS THE LOWCOUNTRY (TOP LEFT) AND ST. AUGUSTINE (ABOVE).

BOATING

On the Water

INTERIOR DESIGNER DANIELLE ROLLINS DISHES ON HER ANNUAL INTRACOASTAL ADVENTURE FROM PALM BEACH TO MAINE ABOARD THE GRACE WITH HER FIANCÉ, TOM D'AGOSTINO JR.

BY SKYE SHERMAN

 You probably know that I-95 stretches all the way from Miami to Maine, but did you know the Intracoastal Waterway does the same? Landlubbers can stick to the open road, but for boating lifestyle lovers like Danielle Rollins and Tom D'Agostino Jr., navigating this scenic route on their 86-foot Hargrave is an adventure worth repeating every summer. (They also love leaf-peeping along the Hudson River in the fall.)

The trip—with stops in Cape Canaveral, St. Augustine, Charleston, Norfolk, Ocean City, Provincetown, Kennebunkport, and more—is a feat of logistics. After departing the Town of Palm Beach Marina pre-sunrise, they spend the next three months visiting different destinations, with many stops only lasting a night or two but extended stays in favorites like Sag Harbor, coastal Maine, and Nantucket. Pulling it off requires significant planning and meticulous organizational skills—a joint effort that leans on their individual strengths.

“Tom prepares our itineraries months in advance because we have to arrange reservations in marinas or where to anchor,” Rollins explains. “He also has to plan the mileage—



can do in a day, if we'll be stopping for a stay, where we can get fuel, etc., and timing with any bridges or locks. We have guests getting on and off in places, and then there's weather that can throw a wrench in all of it, and it all has to be adjusted again. We've been through hurricanes and tropical storms, sudden shifts of weather, and pretty much everything in between.”

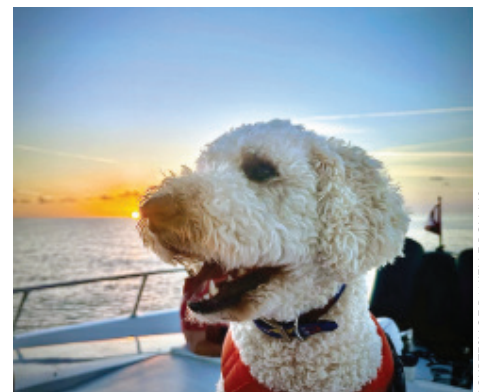
Rollins, who literally wrote the book on gracious living and stylish entertaining (*A Home for All Seasons*, Rizzoli, 2020), handles the provisioning. “I load the boat in Palm Beach and usually won't have access to a grocery again until Charleston,” she says. “I'm the cook on the trips, and I have to prepare meals thinking ahead that dinner leftovers will be factored into following-day lunches, so I keep copious lists and recipe files.”

While D'Agostino pilots the boat himself—

he's a lifelong avid boater—they also have two crew members and their goldendoodle, Henry, aboard, at minimum. “We entertain frequently,” Rollins says. “It's a round-robin of guests aboard all summer, with many brunches, lunches, dinners, and cocktail parties.”

Rollins has it down to such a science that she hopes to one day create a recipe book—but she could pen a whole tome of hacks for on-the-water living. “I'm uber organized: from the linen closet, pantry, and cabinets to custom furniture that has storage under the seating, everything has a place,” she says. And since space is at a premium, Rollins keeps only blue and white clothing aboard. “It makes it easy to always be coordinated.”

According to Rollins, the best part about their floating home is visiting the various places they love, all from the same base. “We can travel pretty much wherever we want this way, winter or summer. It's a wonderful way to see the world and sleep in your own sheets.” ◀◀



COURTESY OF DANIELLE ROLLINS